PRINTING INSTRUCTIONS:
1. File > Print
2. Make sure “Actual Size” is selected.
3. Printing paper size should be set at 8.5 in x 11 in (or letter size paper).
4. Click Print
5. To check printing accuracy, take any standard size credit card and line it up with the shape to the left. Your credit card should be the exact size as the shape shown.
6. Once the ruler is printed accurately please cut out along the dashed lines.
Notes: If you would like the ruler printed in color (or in black & white), make sure you select that option in the print settings.

MEASURING INSTRUCTIONS:
Face:
Using this ruler, measure the width of your face from temple to temple. This will give you a similar measurement to the frame fit, which is measured from hinge to hinge.
Readers:
Using this ruler, measure the width of your current pair of readers or glasses from hinge to hinge. This will give you a good base to compare new readers to.

FRAME WIDTH:
Based on the size of your face or current pair of readers, you can shop Readers.com by the Frame Size you need. (Just go to Readers.com, click Frame Size at the top of the page and enter the range you fall into from the ranges below.)

- Very Narrow - 123mm and under
- Narrow - 124-129mm
- Average - 130-136mm
- Wide - 137-140mm
- Very Wide - 141mm and over